

COMMUNITY SUPPORTS

<u>Beneficial Resources</u>	<u>Search Terms</u>	<u>Notes/Links to Agencies/Organizations</u>
Public Transportation: ADA, wheelchair accessibility, and/or accommodations for the elderly or disabled	"Public transportation near me" "Wheelchair accessible transportation"	ATA Bus (Flint Hills Area Transportation Agency https://www.fhata.org/
Food Pantry/Assistance Programs: Programs such as Meals On Wheels, agencies/organizations with community meal offerings (also see faith-based programs)	"Food help near me" "Meals on Wheels" "Food assistance programs"	Flint Hills Breadbasket https://www.flinthillsbreadbasket.org/ Food Pantry Locator https://www.foodpantries.org/
Community Action Program: Nonprofit private and public organizations that provide direct support such as housing, legal aid, and medical assistance	"Community Assistance programs" "Community Action Agency" "Community Action Programs"	Kansas Association of Community Action Programs https://www.kacap.org/fedstateprograms (see "Our Network" for a clickable map to find Community Action services in your area)
Faith Based Programs: Church sponsored programs for meals, respite care, transportation, or home-related services of some type	"Church food kitchen" "Church Help Programs"	The Second Helping http://www.uccmanhattan.org/the-second-helping.html
TBI Support Group or self-help support for care giving: Groups that address informational topics, ideas for recovery, and independence in community living	"TBI Support Groups near me" "Self-Help group" "Brain Injury Association"	Manhattan-Area Traumatic Brain Injury Support Group Brain Injury Association of Kansas https://biaks.org/how-biaks-can-help/brain-injury-support-groups/
Case Management: Provided by professionals, such as nurses or social workers, who coordinate the delivery of home and community supports	"TBI case management services near me" "TBI Home care services"	Three Rivers, Inc. https://www.threeriversinc.org/
Independent Living Centers: Organizations that offer in-home supports and/or assistance to promote community living	"Independent Living Center for TBI near me"	Three Rivers, Inc. https://www.threeriversinc.org/
Respite Care/Day Program: Provides short-term relief for family members caring for an adult with disability or day program for care	"Disability Day programs Kansas" "Respite Care near me" "Adult day Programs"	Online Directory of Care services https://kdads.ks.gov/kdads-commissions/survey-certification-and-credentialing-commission/adult-care-home-directory

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		<p>Local Respite Care https://kdads.ks.gov/kdads-commissions/long-term-services-supports/ltss-training-resources/kansas-respite-for-caregivers/locate-respite-care</p> <p>Eldercare Locator https://eldercare.acl.gov/public/resources/topic/Adult_Day_Programs.aspx</p>
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FINANCIAL RESOURCES

<u>Beneficial Resources</u>	<u>Search Terms</u>	<u>Notes/Links to Agencies/Organizations</u>
<p>Legal Aid: Agencies or programs that offer legal assistance or advocacy when financial resources are limited (Services may vary by county)</p>	<p>“Legal assistance near me”</p> <p>“Disability legal services”</p>	<p>Kansas Legal Assistance Office https://www.kansaslegalservices.org/ Disability Legal Services of Kansas https://www.kansaslegalservices.org/node/133/disability-rights-center</p>
<p>Housing Assistance: Grants for wheelchair accessibility or other accommodations, financial assistance (typically county or city programs) or emergency shelters</p>	<p>“Housing Assistance near me”</p> <p>“Housing Assistance programs”</p>	<p>Housing Assistance (USDA) https://www.rd.usda.gov/programs-services/multifamily-housing-programs/multifamily-housing-rental-assistance</p> <p>Riley County Assistance Programs https://www.needhelppayingbills.com/html/riley_county_assistance_p_rogra.html</p>

HEALTH RELATED CONCERNS

<u>Type of Resource</u>	<u>Things to Search for</u>	<u>Information/Link</u>
<p>Counseling Services: Programs that address emotional well-being or substance abuse of individuals and/or families</p>	<p>“Mental Health Services near me”</p> <p>“Mental Health Resources”</p> <p>“Substance Abuse resources near me”</p> <p>“Family Disability Counseling Kansas”</p> <p>“TBI counseling [Kansas]”</p>	<p>Crisis Counseling Center http://www.thecrisiscenterinc.org/</p> <p>Katie’s Way https://katieswaymanhattan.com/</p> <p>The Recovery Village https://www.therecoveryvillage.com/local-rehab-resources/kansas/manhattan/#gref</p> <p>Counseling for families with children with disabilities https://famielsttogetherinc.org/</p>

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		K-State Family Center https://www.hhs.k-state.edu/familycenter/
County Health Department: Services vary but may provide medical assistance, health education and/or mental health services	“County Health Department”, specify “near me” if location services are not turned on	Riley County Health Department https://www.rileycountyks.gov/286/Health-Department
Respite Care/Day Program: Provides short-term relief for family members caring for an adult with disabilities or program for care during day	“Disability Day programs [Kansas]” “Respite Care near me”	Online Directory of Care services https://kdads.ks.gov/kdads-commissions/long-term-services-supports/ltss-training-resources/kansas-respite-for-caregivers/locate-respite-care
Medical Centers/Hospitals: General health care and specialized programs such as sleep disorder services.	“Hospital near me” “Sleep Disorder Services near me”	Ascension Via Christi https://healthcare.ascension.org/ Ascension Via Christi Sleep Services https://healthcare.ascension.org/locations/kansas/kswic/wichita-ascension-medical-group-via-christi-sleep-clinic-on-carriage-parkway

MEDICAL TREATMENT & REHABILITATION

Type of Resource	Things to Search for	Information/Link
Medical Treatment: Neurology & neuropsychology; physicians that specialize in brain injury and/or have extensive training in the area of psychology in brain-behavior relationships	“Neurologist near me” or “Neurologist Doctor” “Neuropsychologist near me” or “Neuropsychological services near me”	Neuroscience & Rehabilitation Associates http://www.neuroscienceks.com/ https://healthcare.ascension.org/find-care/provider/1861595001/nakumar?npi=1861595001 Flint Hills Neuropsychology https://www.flinthillsneuropsych.com/
Outpatient Rehabilitation Services: Physical therapy: services focusing on restoring physical use of the body; Occupational therapy: services focusing on developing greater independence in activities of daily living; Speech therapy: services that assess and provide treatment for communication concerns and/or swallowing concerns	“Physical Therapy near me” “Occupational Therapy near me” “Speech Therapy near me”	Orthopedic & Sports Medicine Center https://kansasortho.com/physical-therapy Meadowlark Outpatient Therapy https://www.meadowlark.org/community-services/outpatient-therapy K-State Speech and Hearing Center https://www.hhs.k-state.edu/speech/

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<p>Assistive Technology Services: Includes assistive and rehabilitative devices used to maintain and/or improve capabilities to perform tasks of everyday living</p>	<p>“Assistive Technology resources near me”</p> <p>“Assistive technology resources [Kansas]”</p>	<p>Funding resources for technology https://www.atia.org/at-resources/what-is-at/resources-funding-guide/</p> <p>Kansas Resources https://www.drckansas.org/resource-center/assistive-technology-3/assistive-technology-online-resources</p> <p>Manhattan Public Library Assistive Technology Training https://www.mhklibrary.org/events/tech-training-and-workshops/</p>
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Special Notes: